

Tafelberg School

Occupational Therapy



Kate Platt (left)

Shirley Armitage (back)

Kaydee Nell (front)

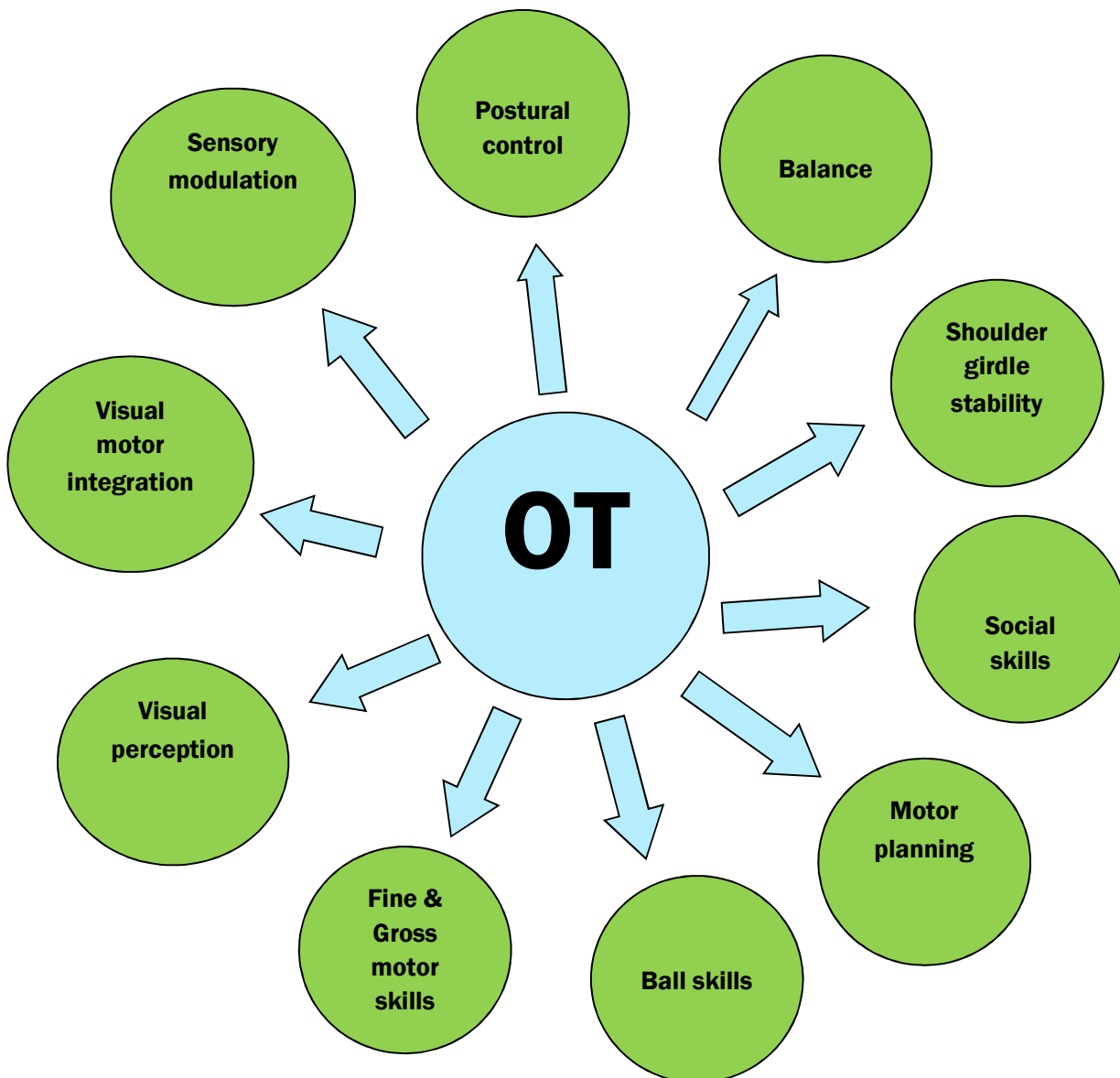
Chanelle Shankland (right)

School-based Occupational Therapy

Occupational Therapy assists individuals to do and engage in the specific activities that make up daily life. For children in schools, occupational therapy works to ensure that a learner can participate in the full breadth of school activities. This includes paying attention in class, concentrating on the task at hand, holding a pencil and writing neatly, as well as copying work from the board.

Occupational Therapists also work to provide consultation to teachers about how classroom design affects attention, why particular children behave inappropriately at certain times, and how best to support the learner based on their learning style or other needs.

Areas of OT we mostly work in, at Tafelberg School



We are also involved in:

- ⦿ Assisting with Physical Education classes
- ⦿ Brain breaks
- ⦿ Seating measurements with the Physiotherapist
- ⦿ Assisting in the classroom
- ⦿ Extra-curricular activities in the school
- ⦿ Play programme for Foundation Phase learners
- ⦿ Integrated therapy (with a Speech-Language Therapist) in the classroom
- ⦿ Tafelberg School Resource Centre
- ⦿ Integrated Educational support in surrounding mainstream schools

Assistive devices and sensory aids

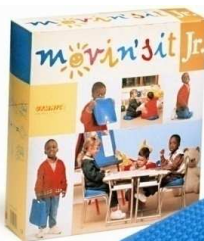
- ⦿ If your child has successfully used a specific aid in another school please send it to Tafelberg School. Let us know how it has helped your child.
- ⦿ Examples of aids we use in the classroom include slanted writing boards, pencil grip aids, pencil weights, move and sit cushions, weighted vests and fidget aids.



Fidget aids



Pencil grips



Move and sit cushion



Weighted vest to calm and organise



Recommended websites to visit:

- ⦿ <http://www.ot-mom-learning-activities.com/>
- ⦿ <http://school-ot.com/>
- ⦿ <http://therapyfunzone.com/>

