

Tafelberg School



Covid Information meeting

2 Swellengrebel Avenue, Bothasig 7441; PO Box 28376, Bothasig, 7406
Telephone: (021) 558-2405 Fax No: (021) 558-8155 Email: secretary@tafelbergschool.co.za

TBS Screening Procedure



- Gates will open at 07:30 – 08:00
- Enter at the learner gate.
- Prefect/teacher will sanitize you at the gate.
- Follow the lines to ensure social distancing.
- Report to screening section for your phase.
- Teacher will take your temperature and ask you 5 questions.
- If you have past your screening, go straight to your register class.
- If you have a temperature of 38⁰ Celsius or more you will be taken to the hall for isolation and your parent/guardian will be contacted to fetch you.
- If you are late: Report at secretary. She will screen you and provide you with a late card.

Learners with vehicles



- Enter main gate
- Have sanitizer in your car to sanitize after you pressed the button to come into gate.
- Park car at learner parking area.
- No fees for parking
- Give copy of license to Mrs Benecke.
- There will be a teacher on duty to guide you to your screening point.

Social distancing and safety

Be **SAFE** from coronavirus infection
Be **SMART** & inform yourself about it
Be **KIND** & support one another

- Use painted guides to assist you to maintain a safe social distance around school and in class.
- Before you enter a venue, you will be sanitized by your teacher.
- Your teachers will sanitize your desks and computers after every lesson.
- Classes are cleaned and sanitized daily.
- You will receive 2 masks from department and a mask and shield from TBS. You can wear a mask from home if it is plain white, blue or black.
- Wear your mask/shield the whole day. During break you must wear a mask.
- Masks can be taken home to wash.
- Shields stay in register class on desk. Your teacher will sanitize your shield every day.
- No borrowing equipment, stationary or books. Bring correct books and textbooks each day. No books to be left in classes.
- No going to the bathroom/walking around during lesson time.

High School Break

- 30 minute break
- Wear your mask for break and leave your shield in class.
- There will be a prefect on duty by the bathroom with sanitizer. Sanitize when entering and leaving the bathroom.
- Grade 7-9 use the sports field for break.
- Grade 10-12 use the fields at the back of the school for break.
- Tuck shop is closed.
- There will be 2 teachers on duty per phase.
- No ball games and contact games allowed.
- Ensure to practice social distancing during break.
- Seating at tuck-shop will be marked to ensure social distancing.
- At the end of break the teachers on duty will help guide you to enter the school the school in an orderly fashion.
- Class teacher will be outside of class to sanitize you before the lesson start.
- When it rains all learners stay in the class you are before break and will go to your next lesson when break ends.

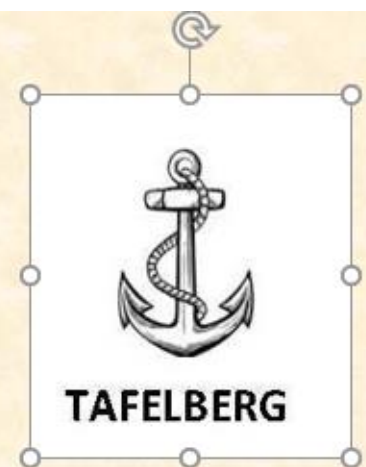
Lockers



- No sharing of lockers
- You are only allowed to use your locker in the morning after you have been screened, during break and at the end of the day.
- A prefect/teacher will help guide the amount of learners entering the locker area.
- Be sure to sanitize after you have used your locker.

Uniform

- You have 3 options:
Full Winter uniform,
Full Summer uniform or
Tracksuit.
- No mixing and matching uniforms.
- You are allowed to wear your TBS Jacket with any of the three uniforms.
- You will receive x3 masks and a shield from school. You can wear a mask from home if it is plain black/navy blue or white.



E-mail addresses of the senior phase staff

TEACHER	E-MAIL
Mr Last	jlast@tafelbergschool.co.za
Mr Chikohomero	pchikohomero@tafelbergschool.co.za
Mrs Tolken	ttolken@tafelbergschool.co.za
Mrs Schoeman	ischoeman@tafelbergschool.co.za
Mr Davids	odavids@tafelbergschool.co.za
Ms Patel	tpatel@tafelbergschool.co.za
Mr Eloff	celoff@tafelbergschool.co.za
Mr Chaston	bchaston@tafelbergschool.co.za
Mrs Dippenaar	edippenaar@tafelbergschool.co.za
Mrs Lundie	viceprin@tafelbergschool.co.za
Mr Duvenhage	eduvenhage@tafelbergschool.co.za
Mrs Tutu	ctutu@tafelbergschool.co.za
Mrs Woods	bwoods@tafelbergschool.co.za
Mrs Benecke	lee-anne@tafelbergschool.co.za
Mr Sickle	msickle@tafelbergschool.co.za
Ms. Tilley	ktilley@tafelbergschool.co.za
Mrs Marx	wmarx@tafelbergschool.co.za
Mrs Millard	hmillard@tafelbergschool.co.za
Mr Romanes	dromanes@tafelbergschool.co.za
Mr Benecke	principal@tafelbergschool.co.za
Ms Van Wyk	counsellor@tafelbergschool.co.za
Mr Abrahams	wabrahams@tafelbergschool.co.za

Assessments (FATs, PATs, Orals etc.)

As per DBE policy and the NPPPPR document (policy on promotion requirements), all learners **HAVE** to complete a set number of Formal Assessment Tasks (FATs) in order to be allowed to progress to the next grade. Teachers need to have these FATs/PATs etc. completed by certain dates, as the teachers need to mark, moderate and record all the marks on WCED schedules by a predetermined date. The learners are given these dates/instructions well in advance, and are regularly reminded by the teachers. Please ensure that your child meets the deadlines set by the teachers, so that we avoid traumatic issues at the end of year where a learner fails due to incomplete School Based Assessment (i.e. FATs/PATs etc.) requirements.

Furthermore, please note that should your child not be at school on the date of the assessment, he/she will write the assessment on the first day they arrive back at school after their absence. They will also need to provide a valid reason for not sitting the assessment on the original date. Please note that this arrangement is not applicable to the final year-end assessments.

Diaries

The Grade 7's and Grade 8's will receive a pack in which the new term dates etc. are reflected. Unfortunately, nobody could have predicted the Covid-19 issue. However, we hope that the learners use the printed pack in conjunction with the diary presented by the school at the start of this year.

Reminders

- Collections and drop off of work and books:
 - Gr.4-6 : Friday from 10am-12pm (drive through)
 - Gr.7-9 : Wednesdays from 10am-12pm (collect at reception)
 - Gr.10-12 : Thursdays from 10am-12pm (collect at reception)
- Please adhere to the drop-off times in the morning and pick up times in the afternoon.
- PLEASE update all your contact and home details, so that we can contact you in an emergency.
- The school in no way endorses any product, service or entity (nor any claim made by them) advertised in this Newsletter.

NEW SCHOOL TIMES : 2020

GRADES	MON	TUES	WED	THUR	FRI
1 + 2	8am – 1:15pm	8am – 1:15pm	8am – 1:15pm	8am – 1:15pm	8am – 1:10pm
3 – 6	8am - 2:30pm	8am - 2:30pm	8am - 2:30pm	8am - 2:30pm	8am - 2pm
7 – 11	8am - 2:40pm	8am - 2:40pm	8am - 2:40pm	8am - 2:40pm	8am - 2pm
12	8am - 3:30pm	8am - 2:40pm	8am - 3:30pm	8am - 3:30pm	8am - 2pm

Grade 7 Google Classroom codes

Subject	Teacher	Code
English HL	Mrs Tolken	6gwzicc
Afrikaans FAL	Mrs Woods	xvrduvw
Maths	Mr Last	trltbya
N.S & Tech	Mr Chikohomero	7.2 olbg6oo 7.1 bhm5njq
SS	Mr Sickle	obr7srn
EMS	Mr Sickle	wnqve7i
CA	Mr Davids	7.2 rlrpslf 7.1 pcqdhnf
LO	Miss Patel and Mrs Woods	fvupajn

Grade 8 Google Classroom codes

Subject	Teacher	Code
English HL	Mrs Tolken	5aabq23
Afrikaans FAL	Mrs Woods & Mr Last	bbwpc6t
Maths	Mrs Lundie & Mrs Benecke	xyqeig7
N.S & Tech	Mr Chikohomero & Mrs Dippenaar	8.2 k6m7qnq 8.1 b7jqrwb
SS	Mr Sickle	ovsiivx
EMS	Mr Duvenhage	lugg7jj
CA	Mr Davids	8.2 xawnnzq 8.1 yxk4vlo
LO	Miss Patel	7km4dzc

Grade 9 Google Classroom codes

Subject	Teacher	Code
English HL	Miss Patel	uly2u2i
Afrikaans FAL	Mrs Schoeman	ed6xlqs
Maths	Mr Last & Mrs Tutu	jfjo5v2
NS	Mrs Dippenaar	jswbwlg
SS	Mr Sickle	fjcldtu
Tech	Mr Chikohomero	9.2 pw4hk3o 9.1 o2ptyft
EMS	Mr Duvenhage	6rtazak
CA	Mr Davids	9.2 54a57bx 9.1 buuqhng
LO	Miss Patel	nqbu3dy

Grade 10 Google Classroom Codes 2020

Subject	Teacher	Code
English	Miss Patel Miss Tilley	62dojgg
Afrikaans	Mrs Schoeman	xsv5b24
Maths Lit.	Mrs Tutu	munbsne
Life Orientation	Miss Tilley	csipntc
History	Mr. Romanes	Ojnfd67
Geography	Mr. Romanes	mbmmzck
Business Studies	Mr. Duvenhage	6b2gfne
Consumer Studies	Mrs Dippenaar	mzggfw7
E.G.D.	A.B. Chaston	u5cnkni
Design	O Davids	bdjcsuj
Computer Applications Technology	Mr. Eloff	

Grade 11 Google Classroom Codes 2020

Subject	Teacher	Code
English	Mrs Millard	aukdu3n=11.1 2yoh57b=11.2
Afrikaans	Mrs Marx	khrc5ks
Maths Lit.	Mrs Tutu	6t7mq5j
Life Orientation	Miss Tilley	bvum5vy
History	Mr. Romanes	mpmzxhp
Geography	Mr. Romanes	5eqnlai
Business Studies	Mr. Duvenhage	fhbhrot7
Consumer Studies	Mrs Dippenaar	2kwvx47
E G D	A.B. Chaston	jn3pdw2
Design	O Davids	5dlgdrd
Computer Applications Technology	Mr. Eloff	

Grade 12 Google Classroom Codes 2020

Subject	Teacher	Code
English	Mrs Millard	h4pfyri=12.1 h5h5aor=12.2
Afrikaans	Mrs Marx	Zy3srwu
Maths Lit.	W. Abrahams	oyknb13
Life Orientation	Miss Tilley	4dbwncj
History	Mr. Romanes	okvpcog
Geography	Mr L Benecke	2n3vr36
Business Studies	Mr. Duvenhage	i324036
Consumer Studies	Mrs Dippenaar	rmu4bvg
E G D	A.B. Chaston	6viapwe
Design	O Davids	C4wt3af
Computer Applications Technology	Mr. Eloff	tlog75i

To view the House Model go to:

<https://www.youtube.com/watch?v=nAlVeBQH0wM>

To view the FACE COVID video, go to:

<https://www.youtube.com/watch?v=BmvNCdpHUYM>

FACE COVID

F – Focus on what you can control

You can't control what happens in the future, the coronavirus itself, the economy, or what other people do, and you can't magically control your thoughts and feelings. Fear, anxiety, and worry are inevitable. But you can control what you do here and now. So, let's focus on that.

A – Acknowledge your thoughts and feelings

Silently and kindly acknowledge your thoughts, feelings, emotions, memories, sensations, urges. With curiosity notice what's going on in your inner world. You might say to yourself 'I'm noticing feelings of anxiety.' Or 'I'm having thoughts about getting sick.' And as you continue noticing your thoughts and feelings bring in the next step.

C – Connect with your body

Find your own way of connecting with your physical body. For example, you might try slowly pressing your feet hard into the floor. Or slowly pressing your fingertips together. Slowly stretching your arms, or your neck, or shrugging your shoulders. Or slowly breathing. (These are known as "grounding techniques").

E – Engage in what you're doing

Get a sense of where you are, here and now – and refocus your attention on the activity at hand. Notice five things that you can see, five things you can hear. Notice what you can taste and smell. Notice what you are doing – and give your full attention to that activity.

C – Committed Action

This means effective action guided by your core values. Action that you take because it's important to you – even if it brings up difficult thoughts and feelings. (Of course, this includes following official guidelines on what to do during this crisis). Ask yourself “What can I do to right now, no matter how small it may be, that improves life for myself, for others I live with, or people in my community.

O – Opening up

This means making room for difficult feelings and being kind to yourself. As this crisis unfolds – we will all feel fear and anxiety, anger, sadness, guilt, loneliness, and so on. We can't stop these painful feelings from arising - but we can open up and make room for them.

Acknowledge that they are normal. Allow them to be there even though they hurt. And try to treat ourselves kindly. Consider what kind words that you can say to yourself, what kind things that you can do for yourself to help you cope with this suffering.

V – Values

Committed action should be guided by your core values – what do you want to stand for in the face of this crisis? What sort of person do you want to be as you go through this? How do you want to treat yourself and others? Your values might include love, respect, humour, patience, courage, honesty, caring, openness, kindness, compassion – or numerous others. Look for ways to sprinkle your values into your day and let them guide and motivate your actions.

I – Identify resources

Identify resources for help, assistance, support and advice. This includes friends, family, neighbours, health professionals, and emergency services. Make sure you know the emergency helpline numbers (including those for psychological help if required).

D – Disinfect and Distance

Remember to disinfect regularly, and practice physical distancing for the greater good of your community.