

# "b" & "d" Confusion

It's common for young children to mix up the letters "b" and "d" due to their similar shapes.

Here are some strategies to help your child:

- Use Mnemonics: "bed" trick – hands form a bed shape with left hand making a "b" and right hand a "d"
- Visual Cues: Highlight or color-code letters
- Practice Writing: Trace and write b's and d's with guided support
- Multi-sensory Techniques: Use playdough, sand, or finger tracing
- Reinforce Left-Right Awareness
- Articulation: Use mirrors so your child can see how their mouths look when saying the letter sounds



The mouth is closed in a straight line.  
It is formed with a straight line first.



The mouth is open in a circle.  
It is formed with a circle first.

